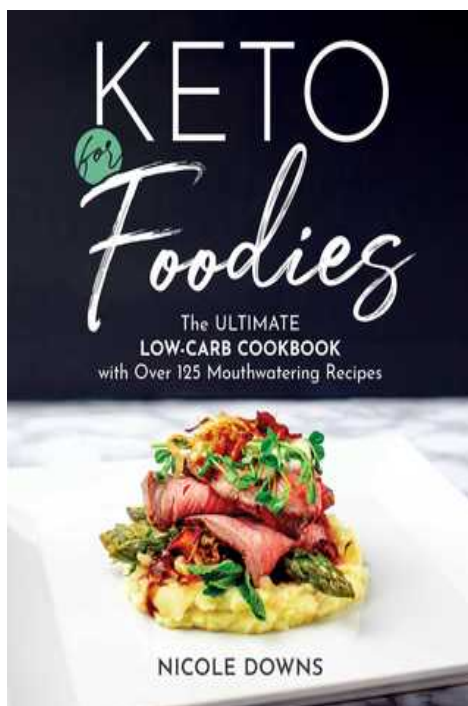


Descargar libros Keto For Foodies: The Ultimate Low-Carb Cookbook with over 125 Mouthwatering Recipes

By Nicole Downs



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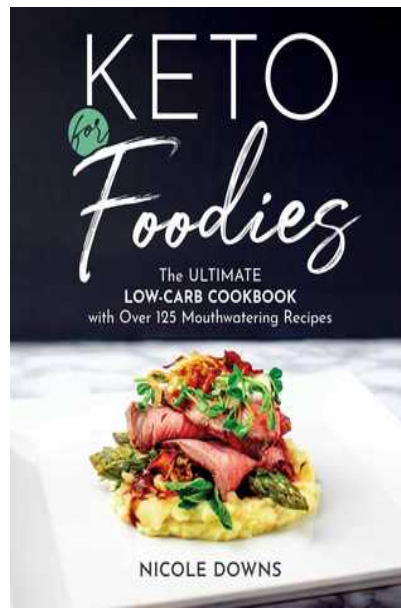


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Nicole Downs delivers exceptional cuisine to every keto-table in her new book Keto for Foodies! Featuring an array of upscale, gourmet-style dishes that are all low-carb, keto and even kid approved, Nicole takes you on a journey of food excellence that will please every palate and tempt any taste bud. With her easy-to-follow recipes, accessible ingredients, and tips and tricks on making meals that are high-quality, you will feel as though you are eating every meal at a 5-star restaurant ? without the effort or cost! Keto for Foodies features page after page of the most indulgent and mouthwatering meals that will impress even the most discerning of foodies! Keto for Foodies is complete with: full-page color photos, special occasion menus, recipe variations, keto shopping lists, cooking techniques/time saving tips. Nicole even takes the guess work out of simple seasoning showing you how to perfectly balance the right ratios

for phenomenal flavor. ? Sample Recipes Include: ? Shrimp

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